



February 2012

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
30 th Chili & Cheese Tots or Burrito Fresh Garden Salad Steamed Veggies Fruit Cup	31 st BBQ on Bun or Cheese Burger Baked Fries Shredded Lettuce Sliced Pickles Spice Cake	1 st Smothered Steak or Chicken Fried Steak Hot Rolls Mashed Potatoes Steamed California Blend Choice of Fruit	2 nd Nacho Grande or Quesadillas with Salsa Refried Beans Spanish Rice Tossed Salad Tropical Pineapple	3 rd Pepperoni, Cheese or Meat Lover's Pizza Seasoned Veggies Garden Fresh Salad Fresh Fruit
6 th Country Bowl or Asian Chicken Bowl Hot Roll Steamed Vegetables Warm Cinnamon Apples	7 th Steak Fingers or Baked Chicken Hot Roll Mashed Potatoes Seasoned Veggies Choice of Fruit	8 th Chalupas or Tacos Lettuce & Tomato Steamed Veggies Spanish Rice Fruit Salad	9 th Calzone Orange Glazed Carrots Garden Fresh Salad Frozen Fruit Treat or Chef Salad	10 th Chicken Wrap or Sub Sandwich Choice of Chips Lettuce & Tomato Broccoli Salad Dirt
13 th Pepperoni, Cheese or Meat Lover's Pizza Seasoned Veggies Garden Fresh Salad Fresh Fruit	14 th Heart Healthy Chicken Fajita Tacos Or Stuffed Baked Potato Fresh Garden Greens Black Bean Salad Baby Carrots with Dip Valentine's Ice Cream Treat	15 th Ham and Noodle Au Gratin or Asian Bowl Hot Rolls Steamed Veggies Fruit Cup	16 th Cheese Burger or Corn Dog Curly Fries Fresh Veggies Dippers Choice of Fruit	17 th Spaghetti & Meat Sauce with Garlic Bread or Chicken Burger with lettuce & Pickles Green Beans Sliced Peaches
20 th Nacho Grande or Cheese Quesadillas with Salsa Refried Beans Spanish Rice Tossed Salad	21 st Smothered Steak or Chicken Fried Steak Hot Rolls Mashed Potatoes Seasoned Green Beans Choice of Fruit	22 nd Lasagna or Hot Pocket Bread Sticks Steamed Carrots Seasoned Corn Fruit Cobbler	23 rd BBQ on Bun or Cheese Burger Curly Fries Pickle Slices Ranch Style Beans Fresh Fruit	24 th Chicken Strip Basket Hot Roll Seasoned Veggies Jell-o with Whipped Cream



<i>Breakfast Menu</i>
Monday Yogurt Parfait with Graham crackers or Poptarts and Cereal
Tuesday Biscuits & Gravy or Cinnamon Roll
Wednesday Scrambled Eggs with Ham, Bacon or Sausage and Toast
Thursday Breakfast Pizza or Pig in a Blanket
Friday Breakfast on a Bun or Breakfast Taco